

# 1 IN 9 PEOPLE GO TO BED HUNGRY EVERY NIGHT



THAT'S 820 MILLION PEOPLE WORLDWIDE

**THAT'S WHERE  
WE COME IN.**

Heifer International works with farming families to help them grow and diversify their food sources so they can feed their family year-round.



Good nutrition is the first step in creating systematic change in families and communities as they work toward prosperous futures.

SINCE 1944,  
HEIFER HAS HELPED

**188 MILLION PEOPLE WORLDWIDE**

MOVE TOWARD FOOD SECURITY AND SELF-RELIANCE.

**AROUND THE WORLD, ENOUGH FOOD IS PRODUCED TO FEED  
THE GLOBAL POPULATION. HOWEVER...**

**17 MILLION  
CHILDREN**

UNDER THE AGE OF 5  
WORLDWIDE  
SUFFER FROM SEVERE  
MALNUTRITION.

Small-scale farmers, herders and fishermen produce **70%**  
of the global food supply, yet they are especially  
vulnerable to food insecurity.



**WITH YOUR HELP,  
HEIFER IS CHANGING  
THESE STATISTICS  
FOR THE BETTER.**

Learn more at:  
[TakeHungerOffTheMenu.org](http://TakeHungerOffTheMenu.org)

**TAKE HUNGER  
OFF THE MENU**.ORG

